How To Launch Your Successful Community Classes & Get More Customers

Webinar with Rachel Holmes - 8 May 2019



RACHEL HOLMES

- 34 Industry years
- Set up community classes in 1987
- Nike, Fitpro, Fitcamps
- Workshops & Training
- choreographytogo.com
- The first online workouts
- Fitness Pilates, Kick Start, Brainfit
- Franchise Business
- Membership site
- Events.
- Presenter, Educator, Speaker, Author
- Mentored 100's of Fitpro's



- Do you need more customers?
- Are you struggling with where to start on social?
- Don't have a website/social media following?
- BUT You have a STRONG work ethic?
- Willing to put yourself out there to attract customers and leads?
- Where do you start?

MINDSET

•	What Do You Have To Get Over FAST?
•	YOU?
•	What other people think about you?
•	Comparing yourself to others?
•	What do race horses do?
•	WHY This time is GOLDEN!
•	So let's make it happen.
Notes	S

STEP 1 RESEARCH

•	Where do you fit in?
•	Whats going on locally?
•	ASK on social do your research in a BIG WAY.
•	What are the gyms/centres/Crossfit/Hot Yoga/Boutiques/ offering?
• \	What can you offer thats unique? What demographic is not being served?

- Think of classes that can feed into other classes if you want to build a business and brand.
- DON'T BELIEVE 3 people who say....
- Will you want to teach this class in 6 months/6 years/ examples LIFT LEAN?

STEP 2 BEFORE YOU PAY FOR TRAINING

•	Research the topic - you need 20/30 people to say YES.
•	Research the venue go and see every possible venue, locally get a fee for the room/ parking?
•	Research the days and time - Don't put up on social "what days and times can you make?".
•	What works in the community?
Note	s:

STEP 3 LAUNCH EVENT

•	Why an event? Because know one knows you!
•	Book a venue, time and do a masterclass and talk 4 weeks or 6 weeks time to promote.
•	FREE.
•	Start Your Social Media Frenzy.
Notes	s:

STEP 4 BECOME A

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PR	MA	CHINI		

Friends and influencers to help you. Ambassadors.

You need CONTENT and a lot of it!

- Local people with connections.
- Take your iPhone.
- BE YOU. BE REAL. BE AUTHENTIC. BE CONSISTENT.

How do you plan to start? Write below:

STEP 5 CREATE CONTENT

•	Take pictures on your phone with the text overlay.
•	Use Canva and create 50 minimum graphics.
•	BE YOU. Thats what people want to see. YOU.
•	Film 50 little video clips talking about your launch.
•	WHAT PROBLEM Are you solving and who will benefit?
•	Facebook Live and stories is GOLDEN right now.
Write	down your ideas:

STEP 6 FACEBOOK FRENZY

- Use your profile Why Facebook?
- Create a business page but you have to go LIVE and do stories to get traction for FREE.
- Set up an event page, add graphics, pictures,
- Set up a secret group that becomes your client group If you would like TIPS and videos and are local join my FREE GROUP
- Set Up IG and use DMs to network with local businesses and find potential customers to invite to your FREE LAUNCH

Write down your Facebook plan:

STEP 7 CREATE A DAILY PR PLAN

•	Think about your target market, your audience, your ideal customer what
	information or tips do they need?

- Don't be salesy be informative, fun and have a laugh. Enjoy this process.
 Be consistent.
- What are people struggling with?.... What are YOU struggling with?.....
 Mindset, Overwhelm, Confidence, Judgment, Self Limiting Beliefs, Am I the?......

- Pilates Ideas Exercises/Posture/Flexibility/Health/Mental Health/ Overwhelm/Stress/Time Management.
- Why is your event different Its FREE. Its Local. Its ForCome and meet me?

DAILY ROUTINE

- Facebook Posts Post a workout or a tip.
- Go Live on main page.
- Answer all COMMENT.
- Engage with people on social media.
- Go into my groups and post, answer questions, post motivational updates, tips.
- Post IG Feed High Quality Blog Post Type.
- Stories Film on camera role then upload to FB stories, IG stories, FB Business Page
- COUNTDOWN To launch. Even day on social media. WHY?

Notes:

STEP 8 IG UPDATES

•	Feed, LIVE, IGTV, Stories, Highlights
•	Feed - High Quality Blog post: thats how people find you.
•	Stories - ENGAGE - Interactive - Ask questions.
•	Slowly - Use text Graphics slowly so people can read.
•	HASHTAG - Research 30 good # in the post and the 1st comment.
•	Use # on your story 5 MAXIMUM.
•	Reply to comments quickly.
Note	es:

STEP 8 LEADS AND FOLLOW UP

•	Follow up every single lead with a phone call.
•	Ask for all email, mobile numbers and start building your email list.
•	Create a simple lead system.
•	Enquiry - Follow up - Chat - Book into the event.
•	Follow up before the event ask to bring friends.
•	Put all interested people into your private Facebook group and build value.
Note	es:

STEP 9 RECAP

- Daily social media strategy to get people to your FREE launch.
- Network with local businesses who can share your content and provide goody bag content.
- Count down to launch.
- Create AMAZING CONTENT and drip it daily STOP THE SCROLL.
- Follow up EVERY LEAD on every platform and contact them regularly.
- Provide GREAT content in your FREE GROUP.
- Push your LAUNCH

STEP 10 LAUNCH DAY

- Contact ALL bookings before to confirm they are coming.
- Expect 50% less to show up.
- Get someone to take pictures and film and do a FACEBOOK live on the day to maximise your PR.
- This is your PR Media event.
- Your class starts the following week so you will use the PR for another 7 days to get more bookings.
- Practice your pitch and sell your course during the masterclass.
- Host the party and talk to EVERYONE.
- Can you provide food and prosecco?

Write down your plan:

POST LAUNCH

•	Take bookings on the day.
•	Contact all attendees post event with feedback.
•	Continue to market your class for the following week.
•	New content generated from your launch.
•	Videos, Tips, Graphics, IG Feed Posts.
•	DON'T Give up now be consistent and keep showing up daily with your GREAT AUTHENTIC content.
Note	s:

IDEAS FOR CONTENT

•	FACEBOOK - 1 minute Tips, Exercises, Breathing, Stress
	Management, Time Saving Tips, all the questions people ask you after
	a class - Bras, Shoes, Leggings, Meditation, Kids Fitness, Food Ideas,
	Midlife, Fitness Holidays.

- IG How Can You serve YOUR Audience.
- Let's BRAINSTORM together.

Brainstorm:

SELF CONFIDENCE

•	Go for it!
•	Whats the worst that can happen?
•	If you don't start you will never know!
•	Don't every fear "failing" there no such thing.
•	Who cares what people think?
•	Be a race horse.
•	Take action todayReadyAimFIRE!!!
Wha	t action are you taking today?